## **BUDDHIST COMPASSION RELIEF TZU CHI FOUNDATION (SINGAPORE)**

(UEN: S93SS0148C)

11)

Liu Ming Ta

#### ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2014

Buddhist Compassion Relief Tzu Chi Foundation (Singapore), thereafter called "The Foundation" was registered with Register of Societies on 20/09/1993, and registered under the Charities Act as Charity on 26/01/1994 respectively.

Charity Registration Number : 1000

ROS UEN Number : S93SS0148C

IPC Number : IPC000620

Registered Address 9 Elias Road, Singapore 519937

Board of Director The Board of Directors comprises the following:-

## Name Designation

1)	Toh Kim Kiat	President
2)	Teo Chee Seng	Secretary
3)	Chang Chung Kuei-Chen	Assistant Secretary
4)	Boh Shuhui	Treasurer
5)	Chang Horng Lin	Member
6)	Lin Pi-Yu	Member
7)	Lin Su-Yin	Member
8)	Ong Wee Heng	Member
9)	Sim Hee Chew	Member
10)	Koh Cheng Hwa	Member

Sector Administrator : Ministry of Social and Family Development

Member

(MSF)

Bankers : UOB, FCB, OCBC, and CIMB

Auditor : RSM Chio Lim LLP

Public Accountants and Certified Public

Accountants, Singapore

#### **OBJECTIVES**

The Foundation is founded by Dharma Master Shih Cheng Yen, based on the Buddha's "all loving and all merciful" great compassionate spirit. The Foundation's missions focus on giving material aid to the needy and inspiring love and humanity in both givers and receivers.

In its *Charity* Mission, the Foundation's guiding principle is to "Help The Poor and Educate The Rich (济贫教富). In addition to *Charity*, the Foundation dedicates itself in the areas of *Medicine*, *Education*, and *Environmental Protection*. It also promotes humanistic values and community volunteerism. Through helping those in needs, the Tzu Chi volunteers take on the path of bodhisattva practices, to spread the spirit of selfless Great Love.

#### **POLICIES**

#### Finance & Funding

The Foundation is funded by public donations and various grants. Most donors contribute their monthly donations to the Foundation through Commissioners, who are commissioned personally by Dharma Master Shih Cheng Yen. All donations collected are used in accordance to the specified purpose(s) stated by the donors. They are Local Relief Fund, General Fund, Designated Fund, International Relief Fund (if applicable), and Local Building Fund (if applicable)

#### COMPLIANCE OF IPC GOVERNANCE EVALUATION CHECKLIST

The Foundation has fully complied with the guidelines of the Code of Governance Evaluation Checklist for the Institutions Of A Public Character (IPC). Full Checklist is available at <a href="https://www.charities.gov.sg">www.charities.gov.sg</a>

# REVIEW OF FINANCIAL STATEMENT AND EXPLANATION OF MAJOR FINANCIAL TRANSACTIONS.

The Foundation recorded a surplus of \$2,534,581, of which a surplus of \$2,555,015 from Unrestricted Funds, and a deficit of \$20,434 from Restricted Funds.

Fund generating activities during the year has generated a total of \$0.96 million, of which \$0.82 million was for Local Relief Fund, and \$0.13 million was for General Fund. There was no fund raising for International Relief during the year.

The 2 Fund Raising Events with NCSS's approval (National Council of Social Service) in 2014 are: -

### 1. Chinese New Year Charity Fair

Under the NCSS Approval no. 2013110237, the Foundation has collected a total of \$827,562, and a net proceed of \$631,450 was raised for Local Relief Fund after deducting expenditures of \$196,112 in January 2014.

#### 2. Placement of Donation box

Under the NCSS Approval Ref no. 2013120279, a total of \$132,439 was raised for our General Fund during the year via the placement of a donation box in front of Golden Mile Complex.

# **STATEMENT OF ACCOUNTS**

Statement of Accounts for the financial year ended 31 December 2014 is attached.

#### STAFF STRENGTH

Staff is recruited locally and comprised of paid employees and full time volunteers, and as at 31 December 2014, the breakdown of the staff strength is as follows: -

Current Designation	Number of Staff	Nationality	
CEO*	1	Singaporean	
Deputy CEO*	4	2 Singaporean / 2 Singapore PR	
Administration Manager*	1	Singaporean	
Head of Videography & Publication*	1	Singapore PR	
Head of Pre School*	1	Singapore PR	
Finance Manager	1	Singaporean	
Senior Accountant	1	Singaporean	
Accounts Executive	2	1 Singapore PR / 1 Malaysian	
Data Entry cum Clerical Account Assistant	3	1 Singaporean / 1 Singapore PR / 1 Indonesian	
Administrative Secretaries	4	2 Singapore PR / 2 Malaysian	
General Affairs Administrator	1	Singaporean	
General Affairs Assistant	2	1 Singaporean / 1 Singapore PR	
General Worker	2	Singaporean	
HR Administrator	1	Singapore PR	
Social Service Officers	3	1 Singaporean /1 Singapore PR / 1 Malaysian	
Social Service cum Clerical Assistant	1	1 Malaysian	
Community Education Administrator	1	Singaporean	
Jing Si Culture Administrator	1	Malaysian	
Journal Editors	1	1 Singapore PR	
Videographers	4	1 Singapore PR / 3 Malaysian	
Graphic Designer	2	1 Singaporean / 1 Singapore PR	
Documentary Administrator	2	1 Singaporean / 1 Malaysian	
IT Administrators	3	3 Malaysian	
Medical Consultant**	1	Singaporean	
TCM Physicians	2	1 Singaporean / 1 Malaysian	
Free Clinic Administrators	5	3 Singaporean / 2 Singapore PR	
Staff Nurses	5	3 Singaporean / 2 Singapore PR	
Pre School Principal	1	1 Singaporean	
Pre School Teacher	12	9 Singaporean /1 Singapore PR / 2 Malaysian	
Pre School Infant Educarer	3	Singaporean	
Pre School Administrators	2	1 Singaporean / 1 Malaysian	
Pre School Chef	1	Singaporean	
Pre School Cleaner  Total	76	Singaporean	

Total Headcount: Paid Employees: 68 / \* Full Time Volunteers: 08 \*\* Staff with annual remuneration above \$100,000.00 per annum: 01

# **2014 CALENDAR OF EVENTS**

# Routine Events of the Month

Category	Time	Event Name
Charity	Every 4th Sunday afternoon	Voluntary service to Sun Love Home
Charity	Every 3rd Friday afternoon	Voluntary service to Hospice Care Association
Charity	Every 4th Sunday afternoon	Voluntary service to Institute of Mental Health
Medical	Every Sunday morning	Free Medical Consultation and Dental Service at Tzu Chi Free Clinic (Redhill)
Medical	Every Monday-Friday, 9.30am-12.30pm, 1.30pm- 5pm. Every Sunday, 9am-12.30pm	Free Traditional Chinese Medical Services (General Consultation and Acupuncture Treatment)
Medical	Every 3rd Saturday quarterly	Blood Donation Drive at Senja Cashew CC
Medical	Every 4th Saturday quarterly	Blood Donation Drive at Pasir Ris and Jurong West
Medical	Every Last Friday	Blood Donation Drive at Toa Payoh Central CC
Medical	Every Last Thursday	Blood Donation Drive at Tampines Central CC
Education	Every 3th Sunday morning	Parent-Child Bonding Class
Education	Every 4th Sunday morning	Teenagers Enrichment Class
Culture	Every Monday afternoon	Flower Arrangement Class
Culture	Every Monday evening	Sign Language Class
Culture	Every Monday evening	Yoga Class (Elementary 1)
Culture	Every Monday evening	Gu Zheng Class (Elementary 2)
Culture	Every Monday evening	Chinese Ink Painting Class
Culture	Every Tuesday morning	Tai Ji Quan Class
Culture	Every Tuesday evening	Chinese Calligraphy Class
Culture	Every Tuesday evening	Guitar Class
Culture	Every Wednesday evening	Yoga Class (Elementary 2) (1st term only)
Culture	Every Thursday morning	Yoga Class (Elementary)
Culture	Every Thursday afternoon	Patchwork & Quilting Class
Culture	Every Thursday evening	Yoga Class (advanced)
Culture	Every Thursday evening	Photography Class (Elementary) (1 <sup>st</sup> term only)
Culture	Every Thursday evening	Singing Class
Culture	Every Friday afternoon	Healthy Vegetarian Cooking Class
Culture	Every Friday evening	Chinese Ink Painting Class
Culture	Every Friday evening	Short-term Jing Si Tea Art Class (1st term only)
Others	Every 4th Friday evening	Sharing Session (Mandarin) for Cultural Volunteers
Recycling	Every Thursday	Recycling Activities at Bukit Ho Swee recycling point
Recycling	Every 2nd Thursday Evening	Recycling Activities at Tiong Bahru recycling point
Recycling	Every 2nd Sunday morning	Recycling Activities at 31 community recycling points
Others	Every 4th Sunday afternoon	Sharing Session (English)
Others	Every 4th Friday evening	Sharing Session (Mandarin) for Cultural Volunteers
Others	Every 2nd Saturday evening	Sharing Session (Mandarin)
Others	Every 2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday evening	Daytime Sharing Session (Mandarin)

# **Major Events**

Month	No	Event
	1	2014 Year End Care Recipients Distribution (Charity)
January	5	Commissioner Training Course (Half Day)
	18-19	Festive Charity Fair
	9	Monthly Care Recipients Distribution(Charity)
	14	Volunteer Appreciate Event
	15	Volunteers Training Course (1st Intake)
February	16	TIMA Dental Services @ RenCi Hospital
	22	TCM Volunteer Training
	23	Educational Volunteer Training
	27	SMEDC Free Medical Service
	2	Commissioner Training Day
	14-17	Educational Tour for Local Entrepreneurs to Taiwan
March	15&23	Introductory Media Course
	21-23	Participation of Training Camp for Recycling Group at Taiwan
	23	English speaking Volunteer Training(1st Take)
İ	30	Commissioners Trainee Training at Jing Si Tang (1st Intake)
	6	Commissioner Training Day
	6	Volunteers Training Course (2nd Intake)
1	18	Charity Volunteer Training Session (Home Visit)
April	19	New Recruitment Training Course (1st Intake)
Дрііі	23	Tzu Chi Anniversary – Morning Assembly via VMeet with Taiwan
	25-27	Cultural Talk & Educational Exchange by Tzu Chi Taiwan Veteran Educators.
	3	Gathering and Sharing Session by Tzu Chi Global Entrepreneur Volunteers
	4	Commissioner Training Day
May	11	Tzu Chi 48th Anniversary celebration cum world peace interfaith prayer ceremony at Yio Chu Kang Stadium
	22	Inspirational Talk by Bro Stephen Huang
	24	Graduation Ceremony for Continuing Educational Programs (Term 1)
	1	Commissioner Training Day
	1	Volunteers Training Course (3rd Intake)
	7-12	Participation in Global Volunteers Retreat and Certification of Commissioners at Taiwan
June	10-16	Exhibition & Book Fair
1	16-22	Educational Camp 2014 for Volunteers in Taiwan
	29	Commissioners Trainee Training at Jing Si Tang (2nd Intake)
	5	Institutional Care Volunteer Training
	26-28	Trainee Commissioner in Camp Training @ JST
	2-3	Lunar 7th Auspicious Month Awareness
July	15	In House Training for Volunteer Group Facilitator
	16-18	Cultural Talk & Educational Exchange by Tzu Chi Taiwan Veteran educators.
August	23	Seeds of Hope Presentation Ceremony

Month	No	Event		
	24	New Volunteers Training Course ( 2nd Intake)		
	24	English speaking Volunteer Training		
	30-31	Tzu Chi Collegiate Youth Retreat Camp		
	6-10	2014 Global Tzu Chi International Medical Convention at Taiwan		
September	7	Commissioner Training Day		
'	7	Commissioners Trainee Training at Jing Si Tang (3rd Intake)		
	21	"The Profound Parental Love" Musical Performance		
	27-28	Tzu Chi History Compilation workshop		
	5	Commissioner Training Day		
	5	Volunteers Training Course (4th Intake)		
October	10-13	2014 Workshop for Media Volunteers (Singapore)		
October	12&19	Public Health Screening at Yu Hua Community Centre		
	22	Charity Volunteer Training Session (Home Visit)		
	31/10-11/2	Educational Tour for Local Entrepreneurs to Taiwan		
	2	Commissioner Training Day		
November	22	Graduation Ceremony for Continuing Educational Programs (Term 2)		
	23	English speaking Volunteer Training		
	30	Commissioners Trainee Training at Jing Si Tang (4th Intake)		
	7	Commissioner Training Day		
December	13-14	Seeds of Hope Presentation Ceremony		
	21	Volunteers Training Course (5th Intake)		
	21	New Volunteers Training Course ( 3rd Intake)		

#### **FUTURE PLANS AND COMMITMENTS**

#### **CHARITY MISSION**

#### A) Financial Assistance & Befriending Supports

We are working closely with the government and non-government parties involving in providing relief to the poor and needy, be it financial assistance or befriending supports.

The financial assistance we provide includes monetary, medical, education and emergency relief.

In 2009, we extended our medical relief to Singapore Changi Prison (Cluster A, Cluster B and Changi Women Prison), subsidizing HIV medications for HIV inmates. Besides medical relief, we have also conducted HIV Awareness Talk to pre-release inmates.

We extended the sharing session for Cluster B in 2013, which attracted a good response. Released inmates from Cluster B have been actively joining Tzu Chi events and volunteering in its activities. We also assist in the Prison Aftercare Programme by providing interim financial aids to inmates upon their release and to their family during their incarceration

In 2014, an estimated number of 60-65 inmates had benefited (monthly) from our HIV medication assistance. An approximate amount of S\$123,000 was utilized to aid this group of inmates. Each session of the HIV Awareness Talk for pre-release inmates was attended by an average of 60 inmates.

We started providing kidney patients Interim Dialysis Assistance in 2005, and since 2014, we have been handling an average of 40-45 cases per month. An approximate amount of S\$623,000 has been spent on this programme. The number of patients has been increasing monthly, and it now takes a longer time for the NKF/KDF to approve their applications for long term funding.

### A1. Hearing Aid Programme for Needy Patients

In 2012, research showed that there were about 8000+ patients registered for hearing loss, but less than 2000 patients can afford a hearing aid or an implant. A medical social worker from Tan Tock Seng Hospital approached our Foundation to request for Hearing Aid Devices Assistance for needy patients.

In 2013, we started working with TTSH, SGH, CGH to provide **Hearing Aid Programme** for needy patients. The programme provides a one-time supplement to the cost of a hearing aid or partial funding for the patient, followed by monthly befriending services for three months before case termination.

There was an average of 13 cases and an approximate amount of S\$19,000 has been utilized to aid the patients in 2014.

#### A2. Pregnancy Antenatal Care Programme

The purpose of antenatal checkups is to prevent complications of pregnancy, and to detect diseases that affect the pregnancy. Benefits from the care include directly improving the health and survival of the foetus so as to reduce stillbirths and neonatal deaths, and promoting and establishing good health before childbirth and during the early post-natal period. Before 2014, there was no public funding for antenatal checkups; hence, many pregnant women would choose to skip them.

In 2013, we worked with KKH to provide the **Pregnancy Antenatal Care Programme** to needy families. This programme is divided into three trimesters; First trimester (1st-12th week of pregnancy), second trimester (13 –27 weeks) and third trimester (28 weeks to birth). The total amount of assistance we provide is about \$800 per patient. Each case will be reviewed and/or terminated on the first month birthday of the newborn.

In 2014, after the MOH started subsidizing antenatal care for Singapore citizens, case referrals to our foundation mostly involve PRs. There is an average of 6 cases, and an approximate amount of S\$3000 has been utilized to aid the patients.

The monthly Aid Distribution Day gatherings became a bi-monthly event starting from 2014. We provide social and physical support to all our aid recipients attending the event, in the hope of improving their quality of life. In 2014, an average of 200 families attended each gathering, with an approximate number of 300 people each time.

#### B) The Seeds of Hope Financial Assistance Scheme (SOH)

The program was launched in June 2009 to provide transportation and meal subsidies to needy students. Since 2011, we have also accepted referrals from schools for their students' families that require further financial aid. Our charity home visit team would then follow up with assessments and conduct monthly visits to keep tab on the families' condition.

Since 2009, Tzu Chi Singapore has been offering the Seeds of Hope Financial Assistance Scheme to help needy children with their education. A total of 14,329 students have benefitted from the Scheme, and an approximate amount of S\$5,411,073.92 has been utilized to aid these students. In 2014, we expanded the programme by introducing the "Seeds of Hope Meritorious Awards" project, which aims to encourage character development and a wholesome attitude of learning in students.

The Meritorious Award recognizes and affirms needy students with good conduct and\_who show continued conscientious effort in their schoolwork despite coming from underprivileged family backgrounds. It is our hope that this will help complement moral and character education for students. A grant of S\$300 will be given to each primary school awardee and each secondary school awardee will receive S\$400.

In 2014, a total of 11 primary school students and 34 secondary school students received the Seeds of Hope Meritorious Awards, which amounted to about \$\$16,900.

In 2015, we focus on students coming from underprivileged family or single family backgrounds, who have the potential for progress through the regular home visits. Both students and their parents hope that youths from needy families can be empowered to rise above their challenging circumstances and that we can help to promote their development of wholesome character. The Befriending Programme includes 6-month regular home visits and a Motivation Camp.

#### C) Befriending Care Services

Every month, our volunteers provide regular befriending services at 2 different institutions — HCA Hospice Care and the IMH.

We also conduct regular training sessions for our charity home visit volunteers to enhance their case assessment/management and befriending skills.

In total, our Charity Mission has executed an approximate amount of \$2.76 million in 2014 for the above endeavour

#### D) NEW PROJECTS

#### D1. Partnership with Community Agencies

Tzu Chi Singapore continues to partner with Social Service Offices (SSO), Chinese Development Assistance Council (CDAC), and Family Service Centres (FSC) to provide monetary aid to disadvantaged families. The Foundation also works with all public hospitals (TTSH, NUH, SGH, CGH, KTP, KKH) to provide both medical aid and financial assistance to needy patients. We will also explore new opportunities and improve our collaboration with other NGOs and/or VWOs. We hope to join forces with them and to share our resources so as to provide better assistance to the needy community.

#### D2. Plan for the Eldercare Sector

With the increase in the aging population, there is a need for mentally, socially and physically active basic level of care and support for seniors to age in place. Tzu Chi Singapore plans to set up a senior activity centre to improve quality of life, prevent social isolation and to provide outreach to isolated seniors to ensure their wellbeing.

## D3. Tzu Chi-SMU Bursary Scheme

Education is the very tool that uplifts the human spirit and betters society, and for the poor, it is a promise of a better life. Tzu Chi hopes that even as our volunteers care for students from less privileged families, they can encourage them and inspire in them the courage to face adversity and to achieve their own personal triumphs, and that society as a whole can benefit from the nurturing of more selfless and compassionate individuals.

The objective of the bursary is to ensure students from financially challenged families do not slip through the cracks, and it hopes to assist students in lessening the burden of their study loans. In addition, it also aims, with the help of accompanying volunteers, to encourage students to rise above hard times and challenging circumstances, develop positive habits and attitudes, and grow to contribute and give back to our society and our country. From August 2014 to August 2015 a total of 8 SMU full-time students were successfully awarded with \$\$8000 each under this project. The awards given amounted to about \$\$64,000.

#### D4. Plan to expand the Bursary Scheme to other local universities

This year as Singapore marks its golden jubilee and celebrates 50 years of growth and development, it is also facing high and growing income disparities and entrenched socio-economic stratification. In Singapore, a university education has long been seen as a key springboard out of poverty and towards a better standard of living. While we see an increasing number of university applicants over the years, we also see a growing number of applicants for bursaries as the costs of education and living have gone up. In 2007, a basic degree course fee for a Singaporean undergraduate in NUS was \$6,110. In 2015, the fee for a basic degree is \$7,950, which is an increase of 30%.

Therefore in commemoration of SG50, we believe that the potential partnership between our Foundation and local universities would allow more students from low-income families to receive help, ultimately improving the financial conditions of their families.

## **MEDICAL MISSION**

Due to costly healthcare, middle and low income groups often face difficulty paying for medical treatment, which frequently lead to some delay in getting treatment. Regular health checks are thus crucial in improving disease detection and prevention. In 2007, our foundation set up a free medical clinic at Blk 90, Redhill Close #01-1400, and subsequently in 2010, a health screening centre at Blk 328 Jurong East Street 31 #01-138. Both the clinic and the centre provide medical and/or health screening services for Singapore citizens, Permanent Residents and long term visit pass holders.

In July 2012, Tzu Chi Free Health Screening Centre expanded its range of services and was renamed Tzu Chi Free Health Screening and Medical Clinic.

# <u>Tzu Chi Free Health Screening and Medical Clinic – Free Health Screening Service</u>

To promote early intervention, Tzu Chi Free Health Screening and Medical Clinic (aka Fuhui Clinic) started providing\_free health screening for the public in August 2010. Through the blood tests conducted, the public would be more aware of their current health status.

#### Tzu Chi Free Health Screening and Medical Clinic – GP Services

After conducting health screening for the public, some were diagnosed with chronic illnesses and needed medical attention. In July 2011, with the hiring of a medical consultant, Dr Edwin Lim, Tzu Chi Health Screening Centre expanded its services to include clinic consultations and medication dispensary for patients who qualify financially. In April 2012, the clinic joined Singapore's nationwide Community Health Assistance Scheme (CHAS) to reach out to more beneficiaries.

## Tzu Chi Free Health Screening and Medical Clinic - Dental Services

In January 2012, Tzu Chi Free Health Screening and Medical Clinic partnered with the National Kidney Foundation (NKF) to provide dialysis patients with dental services. Many dialysis patients were found to be undernourished because of poor dentition. For this reason, our TIMA dental surgeon, Dr. Ong Chin Kian, volunteered to lead the formation of a dental team at Fuhui Clinic, providing services such as making dentures, scaling, filling and extraction.

In March 2013, seeing that homebound patients face difficulties travelling to dental clinics and being transferred to the dental chairs, Dr, Ong Chin Kian started providing home dental services to homebound patients, bringing portable dental units to patients' homes and providing dental care in their most comfortable environment.

The dental health of patients in nursing homes is the least taken care of, however that is also one of the many causes of serious illness. In October 2013, Ren Ci Hospital and Tzu Chi signed a memorandum for the TIMA dental team to regularly visit these inpatients and provide dental services to them. The dentists also educate the nursing attendants on how to provide oral hygiene for inpatients. The first Nursing Home dental service was held in March 2014. The dental team provides dental screening for all the patients in the nursing home and subsequent dental treatment on a monthly basis.

#### Tzu Chi Free Health Screening and Medical Clinic – Eye Screening

In August 2012, the Fuhui Clinic extended its health screening services to include eye screening for the elderly and for patients who needed a detailed eye examination after seeking medical consultation. A group of TIMA opticians, optometrists and ophthalmologists now volunteer regularly at the clinic to assist in vision checks and screening patients for glaucoma, cataract, retinopathy, and other eye diseases.

# <u>Tzu Chi Free Health Screening and Medical Clinic – Home Medical and Nursing Services</u>

Due to an increasing aging population, there is a growing demand for home care services, especially in the southwest area of Singapore, where there are fewer home care service providers.

Hospital care management model has also changed towards caring for patients in their home environment. To meet the increasing needs, we started to provide basic home care services, such as changing of feeding tube, changing of catheters, wound management and medication management.

Hospital medical social workers will refer cases to Tzu Chi and the TIMA medical team, together with a few volunteers, will visit these patients in their homes and give them the needed care.

Some of the charity assistance cases can also benefit from this service.

In March 2014, Tzu Chi joined the AIC Tote Board Funding Scheme to establish a team with more manpower to cater to the growing aging population in the Southwest district. With this funding, we are able to provide all-rounded and holistic care to home care patients and work even closer with the hospitals in the Southwest area to provide better step-down care for needy families.

In October 2014, Tzu Chi Home Care Services extended to include home therapy for patients who cannot afford therapy services and for bedbound patients. Through this combination of services (home nursing, medical care and therapy), patients can receive a more holistic care.

#### Tzu Chi Free Health Screening and Medical Clinic: Mobile Clinic Services

In Feb 2014, Tzu Chi started extending medical services to the trainees at SMEDC (SIA-MINDS Employment Development Centre). These intellectually challenged individuals usually have difficulties expressing their health issues and often miss out on regular health checks. With this partnership, trainees at the centre can be screened regularly by volunteer doctors and caregivers, giving the staff at the centre a peace of mind.

In 2015, Tzu Chi would also explore the possibility of extending this mobile clinic service to the Blue Cross Thong Kheng Home, which is home to about 100 intellectually challenged inpatients.

#### Tzu Chi Free Clinic - General Medicine

In November 2008, the clinic moved from Chinatown to Redhill, where it serves low income residents by providing them with free medical and dental services.

# <u>Tzu Chi Free Clinic – Traditional Chinese Medical Services (General</u> Consultation and Acupuncture Treatment)

In October 2012, our clinic extended its free Traditional Chinese Medicine services from half a day on Sunday mornings to five and a half days (Monday to Friday & Sunday morning). The beneficiary group was also expanded from Tzu Chi's aid recipients to the public. A team of Traditional Chinese Medicine physicians volunteer regularly at our clinic to provide general consultation and acupuncture treatment.

In July 2013, Tzu Chi began providing Traditional Chinese Medicine home care services. TCM physician(s), together with a few volunteers, will make home visits to these patients and provide consultation and treatment to them. The patients are Tzu Chi's aid recipients who need TCM treatment and have difficulties travelling to the clinic to receive treatment. Referrals are made by Tzu Chi's Charity Department.

#### **SUMMARY OF MEDICAL SERVICES:**

#### Tzu Chi Health Screening Services and Medical Clinic (Jurong East):

- Targeted Health Screening (Every Tuesday, Thursday and Saturday morning)
- Free Clinic Services (Monday to Saturday mornings)
- Dental Services (Every Thursday afternoon)
- Eye Screening (for patients 50 years old and above) [Optometrist: Every 1<sup>st</sup> Saturday of the month. Optician: Every 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month. Ophthalmologist: Every 4<sup>th</sup> Saturday of the month]
- Home Care Services (referrals from hospital medical social workers or Tzu Chi's Charity Department)

#### Tzu Chi Free Clinic (Redhill):

- Medical Clinic Services (for CHAS card holders/ PA card or Community Medical Benefits card holders/ NKF patients/ HOME patients/ Tzu Chi care recipients/ patients who meet our financial assessment criteria) [Every Sunday morning]
- Dental Services (for patients who meet our financial assessment criteria / Tzu
   Chi care recipients) [Every Sunday morning]
- Traditional Chinese Medical Services General Consultation and Acupuncture Treatment (for Singapore citizens, PRs, and work/student/long-term visit pass holders) [Every Monday to Friday morning and afternoon, and Sunday mornings]
- Home TCM services (referrals from Tzu Chi's Charity Department)

#### **Community Services**

- Tzu Chi continues to work closely with the Singapore Red Cross to organize community blood donation drives to meet the local blood demand.
  - Blood donation drive on the last Tuesday of every quarter at Tzu Chi Free Health Screening and Medical Clinic
  - Tri-monthly blood donation drives at JMC, Jing Si Hall and various neighbourhood community clubs
- Collaborations with grass roots organizations in the community to provide public health screening twice a year – test for blood sugar level, cholesterol, and blood pressure,\_-pulse check, and body temperature, height, and weight measurement etc. Information counters for both western and Chinese medicine are also made available.
- NUS Medical School Neighbourhood Health Screening Programme

#### **EDUCATION MISSION**

Tzu Chi Great Love PreSchool aims to nurture young children through a holistic education programme and imparting the teachings of Jing Si Aphorisms. Alongside the inculcation of sound academic knowledge and wholesome character development, a selfless spirit and humanistic values are also emphasized.

Tzu Chi Great Love PreSchool is a child-care institution registered with the Early Childhood Development Agency. The PreSchool started operation on 1<sup>st</sup> April, 2014, with an allocated capacity of 95 students (9 infants and 85 pre-schoolers). In December 2014, a total of 59 students are enrolled with us.

#### **Vision**

We aim to nurture the next generation into compassionate and responsible people who can contribute their skills and talents for the greater good of society.

#### **Mission**

We are committed towards providing a conducive learning environment where children can undergo a holistic educational experience. We accompany your child through the process of learning various daily living skills, helping them to develop independence and initiative, while giving them a sturdy foundation in life education and character building.

#### **Core Values**

Gratitude, Respect and Love

#### **Programme**

The PreSchool provides an infant and child care programme from ages 2 months to 6 years. It follows the preschool curriculum framework of the Singapore Ministry of Education while designing, planning and implementing a developmentally-appropriate curriculum and assessment to support and promote children's learning and development. Children will acquire the necessary knowledge, skills and dispositions through the following six learning areas:

- Aesthetic and Creative Expression
- Discovery of the World
- Language and Literacy
- Motor Skills Development
- Numeracy
- Social and Emotional Development

#### A Learning Journey

The field trip to the Singapore Zoological Garden on 1<sup>st</sup> August, 2014, enhanced our children's learning about animals, on top of the topics that were discussed in the classroom. This learning experience provided them the opportunity to learn in a more engaging and stimulating environment. They were be able to use all their senses to learn and participate. Teachers also took this opportunity to observe the children's behaviour, as well as their responses in an outdoor setting, so as to gain a better understanding of them.

A mini zoo exhibition was held on 3<sup>rd</sup> September, 2014, at our K2 Courage classroom. It was a post-field activity for the children, which served to reinforce the learning they acquired during the field trip. The N1, N2, K1 and K2 children displayed their works at the exhibition and their parents were invited to visit the event.

On 8<sup>th</sup> September, 2014, the PreSchool held a mooncake-making session where children were guided to make mini mooncakes for the Mid-Autumn Festival. It was an engaging event that promoted children's development and learning. The handson activities helped children develop pride and confidence in their skills and abilities.

#### **Promote Social Awareness**

The celebration of festivals and events, such as Racial Harmony Day on 21<sup>st</sup> July 2014, National Day on 8 August 2014, Mid-Autumn Festival, and Deepavali on 21<sup>st</sup> October 2014, provided opportunities for the children to dress in clothes representative of their respective cultures and share their ethnic foods. These events helped raise their awareness of the unique practices and values of different cultures. The young children could also learn to recognize the feelings and perspectives of others, to appreciate diversity and to show respect for others regardless of their differences.

#### **Promoting the Core Values of Gratitude, Respect and Love**

Gratitude, respect and love are among the top values that children must develop. These values are to be learned rather than taught. They have to be demonstrated by their parents and teachers first before the young ones can learn them. The preschoolers are given opportunities to practice these values with their parents, teachers and volunteers on Parents' Day (27th June 2014), Teachers' Day (4th August 2014), and Volunteer Appreciation Day (31st December 2014). Children are guided to serve tea to their parents, teachers and to the volunteers who come to the Preschool either once or twice a week to assist the teachers in taking care of them.

# **Parent-Teacher Meeting**

The PreSchool schedules a Parent-Teacher Meeting (PTM) twice yearly, but as it only started operation on 1<sup>st</sup> April 2014 with only 10 children, the first PTM was not carried out. The second PTM was held on 29 November 2014 and parents were encouraged to attend as teachers would give them a clear picture of their child's academic, social, emotional and behavioural progress at the centre. 90% of the parents attended this PTM.



Low Swee Seh
Chief Executive Officer

Date: 08 May 2015